

Body Fat Monitors

Yamato

DF301 & DF311

The DF301 (ClockMINI) and the DF311 (ClockNAVI) combine a small, easy to use body fat monitor with an alarm clock. Just enter your weight, height, age and gender, and then take a 10 second measurement to get your body fat percentage and level with bioelectric impedance analysis (BIA). They even have memories to store your information, so you only have to enter it the first time and when it changes. With four (ClockMINI) or nine (ClockNAVI) memories, you can save information for four or nine people, or track your body fat percentage and level for four or nine readings. There is also a convenient temporary memory for friends and extra users.

The alarm clock can be set to remind you to take your reading at the same time every day for the most accurate results. The clock also doubles as a handy 60 minute timer with a one second display. There are selectable alarm sounds, three for the DF301 (ClockMINI) and five for the DF311 (ClockNAVI). The DF311 (ClockNAVI) also has a secondary time, for your business trips and vacations.

For complete portability, they can run for up to a year on two AAA alkaline batteries. These body fat monitors have been cleared for market by the Food and Drug Administration, and Yamato is an FDA registered distributor. These monitors have been available in Europe and Asia for over five years and are now available in the U.S. and Canada.

Features

- Quick, easy and accurate body fat percentage readings
- Four or nine permanent memories (data only needs to be entered once)
- Convenient temporary memory for friends and extra users
- Selectable 12 or 24 hour clock
- Secondary time for trips (DF311 only)
- Alarm with selectable sounds
- 60 minute timer
- Runs up to a year on two AAA batteries
- Selectable 12 or 24 hour clock
- Secondary time for trips (DF311 only)
- Alarm with selectable sounds

Contraindications

Never use the Yamato ClockMINI or ClockNAVI with any of the following electronic medical devices:

- Implanted electronics such as a pacemaker
- Electronic life support equipment such as a respirator
- Bio-monitoring equipment such as an electrocardiograph.

Using this unit in combination with the electronic medical devices mentioned above can cause interference with the operation of the medical devices.

To ensure the safety of unborn children, pregnant women should not use the Yamato ClockMINI and ClockNAVI devices to estimate body fat percent. The effects of electrical current on the fetus are not known.



Reliability you can trust

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Specifications

Model		DF301 (ClockMINI)	DF311 (ClockNAVI)
Outer dimensions		3" wide, 3" high, 1-1/4" deep	
Weight		4.2 ounces	
Display		Liquid crystal display (LCD)	
Power		Two AAA alkaline batteries (included)	
Battery lifetime		1 year when used twice daily	
Casing color		Red or Black	Silver
Personal data	Capacities	22 to 330 lbs (0.2 lb increments) 10 to 150 kg (0.1 kg increments) 1 st 8 to 23 st 8 lbs (1 lb increments)	
	Height	3' 3" to 6' 10" (1" increments) 100 cm to 210 cm (0.5 cm increments)	
	Age	10 to 80 years	
	Gender	Male / Female	
	Body fat percent	5% to 60%	
	BMI	n/a	5 to 50 (by 0.1)
Permanent memory registers		4	9
Temporary memory register		1	1
Operating temperature		50° F ~ 104° F (10° C ~ 40° C)	
Humidity		85% RH or less	

DF301

DF311

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